

## BEAUTY MENU

### FOR AGELESS BEAUTY

For us at SiluettiSpa every client is beautiful. We offer a selection of beauty treatments that are designed to enhance your natural beauty whilst retaining your youthfulness. Our doctors can also perform aesthetic procedures by appointment.



# BEAUTY MENU

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## LASER TREATMENT

For lasting results in laser treatment, SiluettiSpa uses the latest state-of-the-art devices. The versatile Cutera devices enable effective results with fewer treatments and shorter recovery time than with many other laser treatments. With Cutera laser treatment we can remove unwanted hair, rejuvenate skin and fade imperfections and signs of aging. The treatment program begins with a consultation with our doctor.

## RADIANT SKIN WITH SILUETTISPA BEAUTY TREATMENTS

SiluettiSpa offers a selection of gentle but effective face and body treatments that suit all skin types and leave your skin with a healthy glow. Our beauty treatments are designed to enhance your natural beauty whilst retaining your youthfulness. For the challenges of aging skin we offer targeted treatments such as eye contour treatments, peels, exfoliation, microdermabrasion and filler treatments. Our doctors can also perform aesthetic procedures.

## THE FINAL TOUCH AT SILUETTISPA

When it comes to perfection, it's the details that count. Our beauty salon provides you with everything you need for that final touch in your appearance from manicures and pedicures to make up services. Take some time for yourself and enjoy our beautifying salon services or come with your friends and make a day out of it.

## EXCLUSIVE SWISS SPA EXPERIENCE - A UNIQUE COLLECTION OF SPA TREATMENTS

State-of-the-art cosmetic technology combined with sensual pleasures and well-being for your mind and body. The combination of luxurious, pure ingredients and beautiful rituals make these treatments indulging as well as effective, in one word – art.

### Renewing Swiss Facial

– A replenishing anti-aging facial treatment

90 min

The treatment begins with a back massage using delicate rose oil. After cleansing, the skin in the face and décolleté area is massaged gently. Luxurious creams replenish the skin while spring water revitalizes. This indulging anti-aging treatment fades signs of aging and gives you an attractive youthful glow.

### Pure Swiss Energy Facial

– An illuminating anti-aging facial treatment

90 min

This treatment is like a fresh breeze from the Alps. After a relaxing massage, your face is gently cleansed and exfoliated. Warm towels caress you before a replenishing facial mask is applied. Enjoy a hand, neck and head massage while the effective mask re-illuminates dull skin. The carefully chosen ingredients in the luxurious creams leave your skin refreshed and radiant. The power serum gives a final touch to your youthfully attractive appearance.

## FOR HEALTHY SKIN

### Hydra Balance Facial

– Moisturizing facial treatment 60 min

This treatment is a lifesaver for dry skin. It reduces irritation and scaling and makes your skin smooth as silk. A blend of safflower oil, hazelnut oil, salad-extract and sage gently cleanses and moisturizes your skin. A relaxing facial massage enhanced with vitamin E and olive completes the treatment.

### Soothing Flowers for Sensitive Skin

– Facial treatment for sensitive skin 60 min

This soothing flower based treatment revives your skin and strengthens capillary. It reduces irritation and redness with a cooling mixture of lavender, camomile and marigold. Pamper your skin with some beautifying flower power.

### Blissful Bust Treatment

– Firming treatment for the bust 40 min

This amazing treatment for the bust, neck and décolleté area firms and moisturizes your skin. It improves elasticity, smoothes lines and strengthens dry skin. It's the perfect recovery for sun strained skin.

### Medicalia Lacto-Peel

See Chemical Peels

## FOR REJUVENATION

### Instant Luminous Lifting Facial (SU)

– Lifting and brightening facial treatment 60 min

This instantly lifting and brightening special treatment for mature skin is a must for photodamaged skin. It results in an even skin tone, better moisture balance and smoother skin. Durra gives an instantly lifting effect and kombucha lightens hyper pigmentation. Reviving massage on face, neck and décolleté area brightens and firms the skin. The face mask is completed with a relaxing massage of upper body. A course of treatment is recommended to obtain a firmer skin and to lighten hyper pigmentation. Also an excellent pre-party treatment to give your skin a luminous glow!

### Marine Power Repair Facial

– Firming and soothing facial treatment 60 min

This powerful facial treatment is an instant cure for the signs of aging. A stimulating fiber mask will repair and regenerate your skin containing elastin to retain elasticity, collagen to moisturize and strengthen the skin and Marine DNA to contract the pores. With this facial you will notice the difference and be noticed.

### Reviving Eye Treatment

– Eye contour treatment for puffy eyes 20 min

A true first-aid kit for tired eyes. This treatment is a perfect way to recover from jet lag. It reduces signs of fatigue, fades dark circles and cures puffy eyes. The effective ingredients ginkgo biloba and collagen revive and smooth your skin instantly. This treatment is available only when combined with another treatment.

### Skin Smooth Eye Treatment

– Line reducing eye contour treatment 20 min

The secret ingredient in this powerful treatment for eye contour lines is 100 % collagen. A relaxing massage refreshes your skin and gives your face a healthy glow. This treatment is available only when combined with another treatment.

### Full & Plump Lip Treatment

– Smoothing lip contour treatment 20 min

Rejuvenate your lips with our retinol based lip contour treatment. Your lips will feel revived, plump and soft again. We warmly recommend this treatment for everyone who loves the sun. The instant results can be read from your lips. This treatment is available only when combined with another treatment.

### Medicalia LPS Peel, Medicalia Youth Recovery Peel and SiluettiSpa TCA Peel

See Chemical Peels

### Line-Free Botox Treatment

– Age-defying treatment for smoothing facial lines 60 min

This treatment begins with a gentle facial treatment carried out by a beauty therapist. Our doctor administers the Botox injections; botox relaxes your facial muscles and thus smoothes expression lines and corrects slight asymmetries around your mouth and eyebrows. A relaxing facial massage completes the treatment.

### Line Plump Up Treatment

– Replenishing filler treatment for facial lines

60 min

This treatment begins with a soothing facial treatment carried out by a beauty therapist. Our doctor administers hyaluronic acid injections into the problem areas. Hyaluronic acid, a natural constituent of the skin, fills and smoothes facial lines instantly and makes your lips soft and plump. A relaxing facial massage completes the treatment.

### Line-Free Botox & Line Plump Up Combination Treatment

90 min

Perfect combination treatment for skin rejuvenation for face. Botox and hyaluronic acid is injected by trained specialist. Botox relaxes your facial muscles and thus smoothes expression lines and refreshes your face. Hyaluronic acid, a natural constituent of the skin, fills and smoothes facial lines instantly and makes your lips soft and plump. This treatment begins with a gentle facial treatment carried out by a beauty therapist and is completed with a cooling mask followed by a neck and shoulder massage.

### Siluetti Mesotherapy ja Rejuvenating eMatrix Treatment

See Laser and RF Technologies

### Cutera Genesis

– A medical laser treatment for tightening skin, diminishing enlarged pores and to even out skin tone  
SiluettiSpa uses state-of-the-art Cutera laser device for treating couperose skin, broken capillaries, enlarged pores and improving skin's elasticity. A treatment consists of a course of 1 to 5 sessions, which require minimal downtime. The laser reaches the hemoglobin in the dermis with the result of fading redness and reducing the amount of visible broken capillaries. Enlarged pores can be diminished and skin's elasticity increased by stimulating collagen renewal. The treatment is carried out by our beauty therapist specializing in laser treatments. The treatment begins with a laser consultation with our anti-aging doctor.

### Cutera Laser Treatment for Skin Tightening

– Medical laser treatment for tightening the skin

This laser treatment tightens your skin by stimulating the renewal of collagen. Our doctor performs the procedure with the Cutera device, the latest technology in laser treatment. The treatment requires one or more visits and has a very short recovery time. Each treatment begins with a doctor's consultation.

## FOR SIGNS OF AGING

### Pearls & Caviar for Ladies Facial

– Rejuvenating facial treatment

90 min

In this facial treatment, a blend of 100 % caviar extract, shea butter, pearl extract and vitamins works wonders on the signs of aging. It smoothes fine lines instantly and leaves your skin feeling firm and lifted. Discover the secret to mature beauty.

### Micro Mineral Skin Polish

– Refining microdermabrasion

60 min

This gentle but effective microdermabrasion treatment smoothes lines and scars, activates skin renewal and leaves your skin clear and radiant. The treatment is followed by a relaxing massage to help you unwind. It's the perfect remedy for strained and blocked skin.

### Medicalia LPS Peel, Medicalia Youth Recovery Peel, SiluettiSpa Cell Stimulating Peel and SiluettiSpa TCA Peel

See Chemical Peels

### Rejuvenating eMatrix Treatment ja Siluetti Trinita

See Laser and RF Technologies

## FOR REMOVING SCARS

### SiluettiSpa TCA Peel

See Chemical Peels

### Rejuvenating eMatrix Treatment

See Laser and RF Technologies

### Cutera Laser Treatment for Acne Scars

– A combination treatment for acne scarring

An effective laser treatment to fade imperfections and scarring due to acne. This treatment requires only one or two sessions and has a very short recovery time. The treatment includes an extensive laser peel and it repairs damage to deeper skin layers. Our doctor performs the procedure with the Cutera device, the latest technology in laser treatment. Each treatment begins with a doctor's consultation.

## FOR SKIN PIGMENTATION

### Micro Mineral Skin Polish

– Refining microdermabrasion

60 min

This gentle but effective microdermabrasion treatment smoothes lines and scars, activates skin renewal and leaves your skin clear and radiant. The treatment is followed by a relaxing massage to help you unwind. It's the perfect remedy for strained and blocked skin.

Medicalia Lacto-Peel, SiluettiSpa Cell Stimulating Peel and SiluettiSpa TCA Peel

See Chemical Peels

### Cutera Laser Treatment for UV Spots & Birthmarks

– A medical laser treatment for skin pigmentation

Fade freckles, age spots and other signs of pigmentation with a course of one to four laser treatments. This effective treatment removes any pigmentation and has a very short recovery time. The treatment method is chosen according to your skin type. Our doctor performs the procedure with the Cutera device, the latest technology in laser treatment. Each treatment begins with a doctor's consultation.

## PURIFYING TREATMENTS

### Pure Balance Facial

– Purifying facial treatment

60 min

Remove the impurities from oily and combination skin with nature's gentle remedies. Burdock extract prevents the pores from clogging and cleanses the skin while lactic acid and hamamelis help to contract the pores and clarify the skin. For most satisfying results you can choose either the balancing green apple and peach extract mask or the deep cleansing seaweed mask. Your skin will feel firm, refreshed and regenerated.

### Micro Mineral Skin Polish

– Refining microdermabrasion

60 min

This gentle but effective microdermabrasion treatment smoothes lines and scars, activates skin renewal and leaves your skin clear and radiant. The treatment is followed by a relaxing massage to help you unwind. It's the perfect remedy for strained and blocked skin.

Medicalia LPS Peel and SiluettiSpa Clear Skin Peel

See Chemical Peels

## FOR RADIANT SKIN

### C Power Facial

– Illuminating facial treatment

60 min

Rain or shine, this invigorating facial treatment will brighten up your day. Vitamin C vitalizes tired and dull skin while the relaxing facial massage combined with soothing seaweed calms your skin and uplifts your senses. This treatment is particularly suitable for reviving stressed and sun strained skin.

### Rejuvenating Oxygen Treatment

– Beautifying oxygen treatment for the skin

60 min

This gentle oxygen treatment smoothes and tones the skin around your eyes, lips and décolleté area. A stream of pressurized oxygen is sprayed on your face to transport active ingredients into the deeper skin layers. The treatment stimulates your skin instantly giving you a lifted, revived and dazzling look. Experience a sprinkle of beautifying magic dust.

Medicalia Lacto-Peel, SiluettiSpa Cell Stimulating Peel and SiluettiSpa TCA Peel

See Chemical Peels

## VASCULAR TREATMENTS

### Anti-Red Skin Treatment

– Facial treatment for couperose skin

60 min

Designed specifically for the needs of couperose skin this treatment offers relief to those bothered by flushed skin. By activating the capillary system this treatment reduces redness and heat and revives your skin gently. Liquorice and Guarani extract protect your skin while green tea and olibanum reduce inflammation and give cool comfort.

### Cutera Genesis

– A medical laser treatment for tightening skin, diminishing enlarged pores and to even out skin tone  
SiluettiSpa uses state-of-the-art Cutera laser device for treating couperose skin, broken capillaries, enlarged pores and improving skin's elasticity. A treatment consists of a course of 1 to 5 sessions, which require minimal

downtime. The laser reaches the hemoglobin in the dermis with the result of fading redness and reducing the amount of visible broken capillaries. Enlarged pores can be diminished and skin's elasticity increased by stimulating collagen renewal. The treatment is carried out by our beauty therapist specializing in laser treatments. The treatment begins with a laser consultation with our anti-aging doctor.

#### Cutera Laser Treatment for Veins

– A medical laser treatment for capillaries

Couperosa skin, varicose veins and other vascular problems can be treated effectively with laser. The treatment method is chosen to suite your skin condition. Our doctor performs the procedure with the Cutera device, the latest technology in laser treatment. Each treatment begins with a doctor's consultation.

## CHEMICAL PEELS

#### Medicalia Lacto-Peel

– A chemical peel that smoothes the skin

50 min

This peel is an ideal way to begin a course of chemical peel treatments. It is a gentle but effective way to replenish the skin and to remove dead skin cells in order to obtain youthful looking soft skin. The peel helps the skin to maintain an optimal pH level and balances melanin production. It is suitable for all skin types, including acne, dry, hyper-pigmented and delicate skin. The treatment is carried out by our beauty therapist under anti-aging doctor's supervision.

Suitable for healthy skin and during pregnancy. Fades skin pigmentation and gives radiant skin.

#### Medicalia LPS Peel

– A chemical peel that illuminates the skin

50 min

In this effective peel, carefully selected ingredients re-illuminate the dull skin. The acids stimulate cellular metabolism in the skin and reduce oiliness. The peel also cleanses the skin, fades signs of hyper-pigmentation and smoothes fine lines. It is particularly suitable as a follow-up treatment after the Lacto-Peel or as a preliminary treatment before the Youth Recovery or TCA peels. The treatment is carried out by our beauty therapist under anti-aging doctor's supervision.

Suitable for rejuvenation and during pregnancy. Fades signs of aging and purifies the skin.

#### Medicalia Youth Recovery Peel

– A chemical peel that renews the skin

50 min

This effective but safe peel is ideal for fading signs of aging, hyper-pigmentation and sun damaged skin. The unique acid consistency peels and renews the skin, diminishes large pores, increases elasticity and smoothes fine lines, leaving your skin soft and radiant. It is an ideal way to finish a course of chemical peel treatments as well as to prepare the skin for a TCA peel. The treatment is suitable for all skin types except extremely delicate skin. The treatment is carried out by our beauty therapist under anti-aging doctor's supervision.

Suitable for rejuvenation and fades signs of aging.

#### SiluettiSpa Cell Stimulating Peel

– Skin renewing peel

50 min

This peel with glycolic acid is carried out under the supervision of our doctor. The treatment stimulates cell activity, smoothes and clarifies the skin and improves skin tone. A soothing mask and a relaxing head and shoulder massage finish off this treatment of our anti-aging doctor. Fades signs of aging, skin pigmentation and gives radiant skin.

#### SiluettiSpa Clear Skin Peel

– Chemical peel with glycol and salicylic acids

40 min

This peel with glycolic and salicylic acids is recommended for skin with impurities or acne and it is performed by our doctor. The treatment soothes and balances skin affected by acne by renewing its surface. It is an effective way to refine and improve your skin is performed by our anti-aging doctor. Suitable for purifying the skin.

#### SiluettiSpa TCA Peel

– Chemical peel specifically tailored to your skin type.

40 min

The TCA peel is a chemical treatment carried out by our anti-aging doctor. Your skin type and the extent of skin damage determine how deep a peel is required. Chemical peeling improves discoloration, smoothes facial lines, fades acne scarring and stimulates cellular activity. This treatment will bring back your youthful glow.

Suitable for fading signs of aging, acne scars and pigmentation. Rejuvenates and gives radiant skin.

## LASER AND RF TREATMENTS

#### Siluetti Mesotherapy

– Mesotherapy treatment for smoothing and rejuvenating the skin

In mesotherapy, multiple microinjections of Mesolis + gel are administered into the dermal layers in order to smooth out fine lines and rehydrate the skin. Mesolis + can be used on many parts of the body, the main areas include the face, neck and décolleté as well as the back of hands. Mesolis + contains glycerol, which has rehydrating qualities and hyaluronic acid, which promotes the production of collagen and elastine as well as replenishes the skin. The treatment leaves your skin feeling smoother, softer and rejuvenated. Each session is completed with a facial mask and a relaxing hand massage. The treatment is carried out as a course of three sessions, 1-2- weeks

apart. A local anesthetic may be applied, if you wish (this lengthens the duration of the treatment by 60 minutes).

#### Rejuvenating eMatrix Treatment

– Radiofrequency treatment for smoothing and rejuvenating the skin

Radiofrequency treatment returns the youthful glow to your skin, smoothes out fine lines and removes minor surface imperfections and acne scars. The heat energy produced by the radiofrequency treatment stimulates the collagen and elastin fibers in the dermis. The treatment is carried out in a course of three consecutive sessions one month apart from each other. The treatment leaves your skin toned, smooth and rejuvenated with minimal downtime. The first session is performed by our anti-aging doctor with the eMatrix radiofrequency device. A topical anesthetic is applied according to the treated area.

#### Siluetti Triniti

– Tri -phase treatment for smoothing and firming skin with color correction

Radiofrequency treatment returns the youthful glow to your skin, smoothes out fine lines and removes minor surface imperfections and acne scars. The heat energy produced by the radiofrequency treatment stimulates the collagen and elastin fibers in the dermis. The treatment is carried out in a course of three consecutive sessions one month apart from each other. The treatment leaves your skin toned, smooth and rejuvenated with minimal downtime. The first session is performed by our anti-aging doctor with the eMatrix radiofrequency device. A topical anesthetic is applied according to the treated area.

### FOR GENTLEMEN

#### Pure Gent's Treatment

– Purifying facial for men

55 min

Refreshing facial treatment to suit every man. Cleansing of the skin, exfoliation and massage. Cedarwood will calm the razor burned skin and the exfoliating jojoba-beads help to keep the skin refreshed and prevent ingrown hair.

#### Skin Fit Gent's Treatment

– Refreshing facial treatment for men

75 min

This reviving facial for mature skin consists of caviar extract that maintains elasticity and seaweed sugars that moisturize the skin. The invigorating facial massage smoothes facial lines and fades signs of fatigue.

#### Micro Mineral Scrub for Men

– Clarifying microdermabrasion

60 min

This peeling microdermabrasion removes dead skin cells and renews the skin gently but effectively. It is the perfect treatment for strained and blocked skin and it offers a relief for those suffering from ingrown facial hair. A relaxing massage completes the treatment.

### FOR YOUR BODY

#### Fresh 'n Firm SeaSalt Body Scrub

– Invigorating body scrub

30 min

Natural beauty with pure sea salt. In this scrub, the salt grains gently exfoliate and detox the skin, and help the skin to regenerate. Tropical fruits add their unique qualities to the blissful moment: choose mango-passion fruit for replenishment or papaya-pineapple for vitality. Your skin will feel as soft as silk and your mind inspired. The treatment is carried out in the elegant Spa Suite and it is available when combined with other treatments.

#### Blissful Bust Treatment

– Firming treatment for the bust

40 min

This amazing treatment for the bust, neck and décolleté area firms and moisturizes your skin. It improves elasticity, smoothes lines and strengthens dry skin. It's the perfect recovery for sun strained skin.

#### Skin Firming Body Wrap

– Youth-renewing body treatment

60 min

This effective bodymask will return the youthful glow to your skin. The perfect combination of firming sea collagen, regenerating retinol, vitamin C, hyaluronic acid and vanilla replenishes the skin and leaves it feeling soft and smooth. Tropical fruits add a sumptuous final touch to the treatment: choose papaya-pineapple for stimulating the lymphatic system or mango-passion fruit for firming and toning. The treatment is carried out in the elegant Spa Suite.

#### Shade of Summer Self-Tanning Treatment

– Self-tanning treatment for face and body

90 min

No matter if it rains or shines, this self-tanning treatment ensures you a beautiful and tanned complexion. The treatment begins with a gentle body scrub and moisturizing, in order to prepare your skin for a naturally tanned outcome. The look can be maintained at home with a complimentary self-tanning lotion.

### Green Coffee Break from Cellulite

– Powerful anti-cellulite treatment

60 min

Green coffee attacks cellulite gently but effectively. Feel the warm embrace of the soft wrap as the effective ingredients stimulate your metabolism, activate lipolysis and help to eliminate toxins from your body. If needed, the treatment can be targeted on specific problem areas. This powerful treatment makes your skin smooth and toned. For best results we recommend a course of treatments.

### Siluetti Vela Treatments

– Body shaping treatments

45 min

These holistic body shaping programs include a course of treatments with the VelaShape II™ or VelaSmooth Pro device. It is recommended to purchase the home care products in order to extend the beneficial effects of the treatments. The device features radiofrequency, infrared light energy, mechanical massage and vacuum, which help to stimulate the elimination of toxins from the body by activating metabolism and increasing lymphatic drainage. The mechanical massage smoothes skin and reduces swelling which makes this treatment particularly suitable both before and after liposuction.

## FOR YOUR HANDS

### Caviar for Hands

– Anti-aging treatment for the hands

80 min

This anti-aging treatment smoothes and rejuvenates your hands as well as protects them from harmful UV rays. Our secret ingredient to soft and elegant hands is 100% caviar extract. Pamper your hands with a touch of luxury.

### Rejuvenating Hand Treatment

– Nourishing manicure

50 min

This treatment makes your hands look elegant and beautiful. A gentle citrus scrub work wonders on your skin and a blend of sandal wood oil and mandarin oil moisturizes and strengthens your cuticles. A rejuvenating hand cream with retinol and vitamin E stimulates skin renewal leaving your hands youthfully soft. A polish in your favorite color gives your nails a final touch.

### Nails to Stay

– Sophisticated gel nails

Our inviting beauty salon is the perfect environment for creating, maintaining or beautifying your nails. Our experienced nail technician will help you find just the right look for your nails.

### Colour to Stay

– Long lasting gel polish

Gel polish gives your nails a beautiful shine and it allows the colour to stay on for several weeks. Gel polish contains no acryl and it does not harm your nails. Because gel polish is hardened onto the nails with an ultraviolet lamp, the color stays beautiful for 2-3 weeks. We provide 12 delicious colors to choose from and the treatment also includes cuticle removal and hand beautifying.

## FOR YOUR FEET

### Reviving Foot Treatment

– Stimulating foot treatment

60 min

This reviving treatment for tired feet relieves aches, stimulates lymph flow and softens dry skin. The perfect combination of a peppermint peel and eucalyptus and almond bath oil will make your feet light, graceful and renewed. The treatment is completed with a relaxing foot massage and a soothing foot gel. After this treatment, you will be ready to waltz the night away.

### Caviar for Feet

– Anti-aging pedicure

80 min

This pampering session is a noble treat for tired feet. It smoothes and softens the skin with luxurious caviar extract and makes your feet feel stimulated and light again. It is a perfect finish for a hard day.

### Nails to Stay

– Sophisticated gel nails for toes

Our inviting beauty salon is the perfect environment for creating, maintaining or beautifying your nails. Our experienced nail technician will help you find just the right look for your nails.

Gel Full Set

90 min

Gel Full Set & Pedicure

2 h 30 min

## Colour to Stay

– Long lasting gel polish

Gel polish gives your nails a beautiful shine and it allows the colour to stay on for several weeks. Gel polish contains no acryl and it does not harm your nails. Because gel polish is hardened onto the nails with an ultraviolet lamp, the color stays beautiful for 2-3 weeks. We provide 12 delicious colors to choose from and the treatment also includes cuticle removal and beautifying.

Gel polish for the toes	45 min
Pedicure and gel polish	1 h 45 min

## FINISHING TOUCHES

### Stunning Looks and Make Up

– Tinting and make-up services

Eye Lash Tinting*	20 min
Eye Brow Tinting and Shaping*	20 min
Just Perfect Make-Up for You - make-up for every occasion	60 min
The Most Beautiful Bride – wedding make-up including planning and test make-up	2 x 60 min

\* Only available when combined with another treatment.

### Permanent Make Up

Permanent make-up simplifies your daily make-up routine and gives you a refined look for years. After careful cleansing, a topical anesthetic is applied to numb the treated area. The treatment is finished off with a soothing Ice Mask and a relaxing hand massage to help you unwind. The treatment includes two sessions.

### Eyelash Extensions

Eyelash extensions give you more length and fullness to your lashes for weeks, even for months. Handmade, synthetic eyelashes draw attention to your eyes better than any mascara. Semi-permanent lash extensions are perfect for everyday wear as well as for special occasions. The lashes are chosen individually according to your wishes from our wide selection. Proper care and touch-up visits sustain the beautiful results.

## HAIR REMOVAL

### Hairless, Blissful Life

– Hair removal effectively with sugaring

Unique hair removal method using sugar paste and high-tech proteolytic enzymes is quick, effective and gentle method banishing unwanted hair. A course of treatment where traditional hot wax is also an alternative, is recommended to slow down hair growth. To obtain the best results, correct home care products are highly recommended. Areas of hair removal: legs, thighs, bikini line, brazilian, arms, underarm, face and back.

### Cutera Laser Treatment for Hair Removal

– Medical laser treatment for hair removal

Laser removes hair effectively and painlessly in a course of five treatments depending on the growth cycle of the hair. Best results are obtained on dark and coarse hair because laser energy is absorbed most effectively by dark hair follicles on fair skin. Our specialist performs the procedure with the Cutera device, the latest technology in laser treatment.

## SILUETTI DENTAL SPA (Keskuskatu 6, 8th Floor, Tel. +358 9 2525 4242)

### Light Activated Teeth Whitening

In this treatment light activated whitening gel is applied resulting in six to ten shades whiter teeth. The treatment is finished off with a seven minute fluoride treatment. This quick and effective treatment is performed at the aesthetic surgery hospital Siluetti.

### Chemical Teeth Wightening Home Care Kit

This treatment is carried out under the consultation of a dental hygienist from the aesthetic surgery hospital Siluetti. You are provided with whitening gel and a custom-made bleaching tray as well as thorough home care instructions. Brighten your smile easily and effectively at home.

### Orthodontic Treatment and Veneers

The aesthetic surgery hospital Siluetti offers a variety of dental services such as orthodontic treatments and aesthetic dental care with laminate and restorative materials. In orthodontic treatments we apply the latest state-of-the-art methods. (We can for example provide you with a lingual arch which is adjusted onto the back of your teeth. )

## DOCTOR AND SPECIALIST APPOINTMENTS

Nurse's appointment	20 min
Anti-aging doctor's appointment	30 min
Gynecologist's appointment	30 min
Dermatologist's appointment	30 min

## FOR FURTHER INFORMATION

### RESERVATIONS

We wish to make your days in SiluettiSpa perfect, and therefore encourage you to reserve enough time to thoroughly enjoy your stay.

### HAMMAM SUITE UPGRADE

All of the SiluettiSpa treatments can be carried out in the SiluettiSpa Hammam Suite for an additional fee of 95 €.

### ARRIVAL

Please arrive 15 minutes prior to your scheduled appointment so we can ensure you have a relaxing and peaceful visit.

### CANCELLING

All cancellations should be made 24 hours prior to your scheduled appointment. For late cancellations we charge a 50 % treatment fee.

### GIFT VOUCHERS

Would you like to give perfect days and better tomorrows to someone special? SiluettiSpa gift voucher is valid for 6 months from the date of purchase. SiluettiSpa gift voucher is non-refundable and can not be exchanged for cash in full or part. For our gift vouchers, please inquire: [info@siluettispa.fi](mailto:info@siluettispa.fi) or 09 2525 4200

### SILUETTISPA ETIQUETTE

We wish to offer all our guests the possibility to relax in a serene atmosphere. Please respect the privacy of other guests and allow them a peaceful stay by switching off your cell phone during your visit.

### AGE REQUIREMENT

We welcome all guests over 16 years of age. Guests under 16 years are welcome when accompanied by an adult or when agreed upon separately.

### HEALTH

Please inform us about your allergies and other possible health problems so we can take them into account when planning your treatments.

### PREGNANCY

We offer a selection of suitable treatments for mothers to be. Please inform us if you are pregnant so we can take it into account when planning your treatments.

### GROUPS

We can provide tailored treatment packages for a variety of different groups. Please make your reservation in advance so that we can ensure your group a perfect spa experience.

**FOR US BEAUTY IS AGELESS.**